

Walking and Biking

Walking or riding a bicycle are examples of “active transportation.” Active transportation includes walking, bicycling, wheelchairs and other transportation modes that are non-motorized, or human powered. These modes can even include skateboards, push scooters, roller skates, and unicycles. Active transportation benefits individuals through improved health and reduced commuter cost. Active transportation benefits the community by helping to reduce roadway congestion and improving air quality.

Accessing downtown destinations by active transportation, particularly walking or biking, is a good option for some commuters, even if it is only a feasible part of the time. The downtown area, particularly inside the inner loop, includes the most connected infrastructure system in the region for non-motorized travel. The bicycle and pedestrian system near downtown is also relatively contiguous compared to the rest of the region, particularly to and from the dense residential neighborhoods north of downtown.



Indianapolis Cultural Trail

What is INDOT Doing?

INDOT is improving bicycle and pedestrian infrastructure at every street that crosses an interstate highway in the North Split project area. The replaced interstate bridges will have wider openings underneath, allowing all sidewalks to be wider than they are today. A mixture of concrete panels and asphalt pavers will be used to provide a fresh, modern appearance. New lighting will also be provided under the bridges.

The new bridges will be constructed in stages so that mobility is maintained in and out of downtown. As each bridge is completed, bicycle and pedestrian connectivity for the downtown area and surrounding neighborhoods will be incrementally improved.

INDOT is constructing three trail segments during the North Split project that will serve as a detour for the Monon Greenway and remain in place when North Split construction is complete. The first section will pass through the southern portion of the O'Bannon soccer park, along the north side of the North Split interchange, and will link the existing Monon Greenway with College Avenue. A second trail section will be constructed along the east side of College Avenue, as it passes under the North Split Interchange. A third section will be constructed between College Avenue and 10th Street, along the southwest edge of the North Split interchange. The existing Monon Greenway will be reconstructed and widened within the interchange area and, together with the new trail segments, will form a new “Monon Loop” through the North Split interchange area.

INDOT will also help to fund a fourth trail segment that will be constructed by the Benjamin Harrison Presidential Site. That trail will be just north of I-65 right of way between Delaware Street and Pennsylvania Street. It will enhance east-west connectivity for the community and improve access to the Benjamin Harrison Presidential Site.

What Can You Do?

Commuter Connect. Commuter Connect is a program provided by CIRT that allows participants to find opportunities to commute in ways other than a single-occupancy vehicle. Participants can match with carpool and vanpool opportunities of other commuters going from similar origins to similar destinations. Likewise, you can find partners to bike with who share a similar route to or from work. Commuter Connect also identifies viable transit options for your route. As a user, the more you participate and

track your participation earns opportunities for prize drawings! Employers can register as a participating employer with Commuter Connect. Employees of a participating employer that carpool, vanpool, bike, walk, ride the bus, or telecommute an average of three times a week and are registered with Commuter Connect are eligible for the Emergency Ride Home program. If a participant has an emergency and needs to leave work suddenly or unexpectedly must stay late, Commuter Connect will provide a free taxi ride up to five times a year.

Information on how to become a participating employer is located here:

<https://commuterconnect.us/employers/how-it-works/>

Individuals can register with Commuter Connect here: <https://commuterconnect.us/register-now/>

Employer Incentives and Programs.

Encouraging walking and bicycling can help your business create more energized, alert, and productive employees, decrease healthcare costs, attract and retain top talent, and draw more customers. Here are some of the things an employer can do:

- [Register as a participating employer](#) with Commuter Connect.
- Install convenient and secure bike racks on-site.
- Install bike lockers or weather protected bike storage facilities on-site.



- Subsidize memberships to [Pacers Bikeshare](#).
- Subsidize employee memberships to nearby [YMCA's](#) or other gyms with showers, or dedicate space on-site for employee showers and locker rooms.
- Acquire a bike pump and basic repair tools for use by employees.
- Promote and participate in "[Car-Free Day Indy](#)"
- Become a "[Bicycle Friendly Business](#)" through the League of American Bicyclists
- Provide financial incentives to employees that walk or bike to work. If you lease parking spaces and pay or subsidize the cost for your employees, give them the opportunity to [cash out](#).
- Organize an employee bicycle users' group or committee.
- Provide information about active transportation options in new hire orientation.
- Sponsor a monthly [Bike-In Breakfast](#) through Indy BikeHub, and feature [Bike Train routes](#) in your employee communications.
- Encourage active transportation with a health-centered, supportive corporate culture.

Indianapolis Biking Resources

CIRTA Commuter Connect and Emergency Ride Home Program

<https://commuterconnect.us>

Find Bike Commuting Routes

<https://www.indybikehub.org/about/bike-commuting-route-maps-pg113.htm>

Upcoming Bike and Pedestrian Infrastructure Plans

<http://maps.indy.gov/PlanIndy/>

<https://www.indy.gov/activity/major-transportation-projects>

Biking and Hiking Trails

<https://indianatrails.com/>

Bicycle Indiana

<https://www.bicycleindiana.org/>

BIKE Indianapolis

<https://www.bikeindianapolis.org/>

Indy's Pedal & Park Program

<https://pedalandpark.org/>

Central Indiana Bicycle Association (CIBA)

<https://www.cibaride.org/>

Indianapolis Office of Sustainability Bikeways Page

<https://www.indy.gov/activity/bikeways-and-bike-boxes>

YMCA Indy Bike Hub

<https://indybikehub.org/>

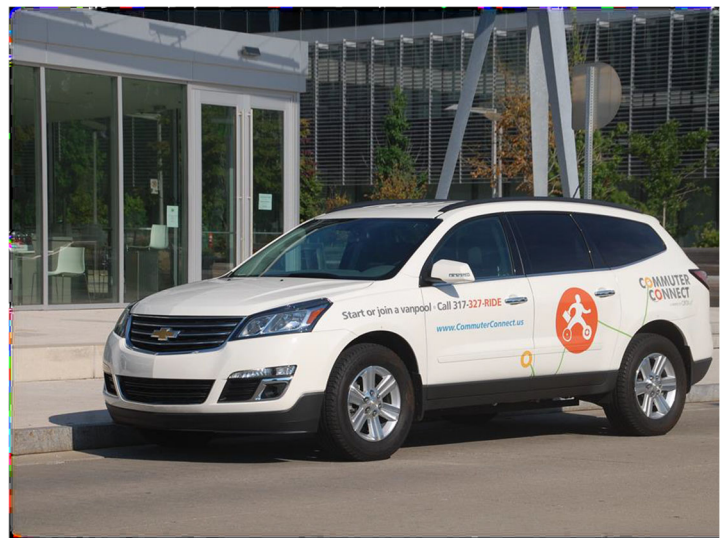
Pacers Bikeshare Program

<https://www.pacersbikeshare.org>

Carpools and Vanpools

Carpools and vanpools are two kinds of “ridesharing,” differing in the number of people participating and size of the vehicle. A carpool is simply the sharing of car journeys by two or more people so that only one vehicle and one driver are needed to complete the trip. Two relatives riding to work together are considered a carpool. A vanpool consists of up to 15 people riding together, thus requiring a larger vehicle such as a van.

Carpools and vanpools provide advantages for individual participants, employers, and the community as a whole. Participants save money by sharing the costs of driving and reducing the wear and tear on their vehicles. The more people participating, the greater the cost savings for all. In some cases, participants may find they do not need or want to own a vehicle. Passengers also benefit from reduced stress and the ability to focus on things other than the roadway, such as reading, resting, playing games, or catching up on email. Employers require fewer parking spaces. With fewer cars on the roads, the community benefits from reduced congestion and improved air quality.



Seven-Passenger Commuter Connect Van

Carpools and vanpools in the Indianapolis area are supported by Commuter Connect, a service provided by the Central Indiana Regional Transportation Authority (CIRTA). Commuter Connect provides matching services for potential carpool and vanpool users, administers a vanpool program, provides emergency rides home, and markets carpool and vanpool use in Central Indiana. Commuter Connect is a free service for both commuters and employers.

Vanpools cut down on transportation costs and decrease carbon footprints one ride at a time. An individual who uses the Commuter Connect vanpool program relatively frequently can save upwards of \$1,800 each year. There are tools in place to ensure that riders are aware of when a van is leaving, plus there are emergency ride home options if an individual unexpectedly needs to leave early or stay late.

What is INDOT Doing?

INDOT is promoting carpools and vanpools as a strategy to reduce the number of single occupancy vehicles operating in and near downtown during the North Split construction project. In addition to providing descriptive information in this toolbox, INDOT is promoting the service in project information materials, newsletters, social media, and on dynamic message signs on interstate highways approaching downtown Indianapolis. INDOT is also promoting the use of carpools and vanpools by INDOT and other employees of the State of Indiana, which is one of the largest employers in the downtown area.

What Can You Do?

Commuter Connect. A program of CIRT, Commuter Connect helps individuals commute in ways other than a single-occupancy vehicle. Participants can match with carpool and vanpool opportunities of other commuters going from similar origins to similar destinations. Likewise, you can find partners to bike with who share a similar route to or from work. Commuter Connect also identifies viable transit options for your route and provides tips for working from home. Employers can register as a participating employer with Commuter Connect. Employees of a participating employer that carpool, vanpool, bike, walk, ride the bus, or telecommute an average of three times a week and are registered with Commuter Connect are eligible for emergency rides home up to five times in a calendar year. If a participant has an emergency and needs to leave work suddenly or unexpectedly must stay late, Commuter Connect will provide a free taxi ride.

Information on becoming a participating employer with Commuter Connect is located here: <https://commuterconnect.us/employers/how-it-works/>

Participants can register for free with Commuter Connect here: <https://commuterconnect.us/register-now/>

Commuters interested in carpooling often share rides with friends and coworkers who work at the same location or in close proximity to each other. Another option is to utilize the carpool matching program of Commuter Connect. A commuter registers for free, gets a carpool match list, and contacts the people on the list to determine how often to ride to work together.

Vanpools work in a similar manner to carpools except Commuter Connect arranges for the vehicle and subsidizes the cost. Five to 15 people are required to form a vanpool, with differing size vehicles available depending on the number of riders. All are volunteers, including the driver, and the costs are shared by all. Typically, riders agree to meet at a designated park-and-ride spot. Other than giving a 30-day notice prior to leaving, there are no long-term commitments. As with carpools, Commuter Connect provides matching services to identify other commuters with similar needs.



15-Passenger Commuter Connect Van

The Commuter Connect program provides fully equipped vans. Passengers share the cost of gas and pay a monthly fee. The monthly fee covers the cost of insurance, maintenance, repairs, and roadside service. One rider agrees to be the primary volunteer driver/organizer and at least one other rider is identified as a back-up.

Employer Incentives and Programs.

National research has shown reductions in staff turnover and improved retention for employees participating in a vanpool program. Here are some of the things an employer can do to encourage carpools and vanpools in their organization:

- Register as a participating employer with Commuter Connect.
- Designate preferential parking spaces for carpools and vanpools.
- Subsidize employee vanpool fees (a deductible business expense).
- Establish and promote pre-tax transportation Flexible Spending Accounts for employees to use to pay vanpool fees.
- Provide information about ridesharing options in new hire orientation.
- Provide financial incentives, time off, gift cards, or other perks to employees that use carpools or vanpools.

Resources

CIRTA Commuter Connect Rideshare Matching and Emergency Ride Home Program

<https://commuterconnect.us>

Work Rescheduling and Work from Home

Work rescheduling and work trip reduction strategies, such as work-from-home, are designed to reduce the demand side of the supply/demand equation of transportation services. Work rescheduling strategies address the concentration of trip making during peak periods at each end of the typical workday, when most roadway congestion occurs. Trip reduction strategies, typically working from home, eliminate trips altogether. In addition, coworking spaces are available in many parts of the Indianapolis metro area and whose use can significantly reduce or eliminate commute trips. These strategies can be implemented in multiple ways, depending on workplace needs and conditions.

When given the opportunity, many workers choose to come to work early to avoid the “morning rush hour”. Flexible work schedules have been associated with reduced stress levels, reduced absenteeism, and increased job satisfaction. In addition, flexible schedules make it easier for employees to utilize transit or find a carpool partner. Since work rescheduling strategies provide choices for employees that they might not otherwise have, they are often seen as perks.

The most common work trip reduction strategy, particularly during the recent Covid-19 pandemic, is for employees to work from home. Although the need was driven by the pandemic, the ability to do so effectively is a result of recent advances in technology, making the physical work location less important than in the past. For employees who need more workplace structure than home while still significantly eliminating or reducing the commute distance and congestion, coworking spaces are available throughout the Indianapolis Metro area and often within walking, biking, transit, or very short driving distances from many residential areas. Work-from-home or coworking space strategies need not be 100% of the time. One day per month at or near home is a 5% reduction in trips and associated congestion; one day a week is a 20% reduction. Time spent commuting during congested travel periods can also take a major psychological toll on employees¹. As with work rescheduling options, flexibility is typically seen as a perk by employees, with external community benefits like reduced congestion and improved air quality.

A survey conducted by on-line employment marketplace ZipRecruiter on June 23 and June 29, 2020 shows both employers and job seekers view their work-from-home experience during the pandemic of 2020 positively.² Among the findings are the following:

- 80% of employers and 85% of job seekers describe remote work as either enhancing or having no negative impact on their productivity.
- Large shares of job seekers identified saving money (71%) and time (64%) that would be spent commuting or saving money on work clothing (39%) as important benefits.
- Employers saw better retention (32%) and reduced employee absences (40%) as important benefits of remote work.
- Half of respondents would prefer splitting the week between home and office over working full-time in one or the other location, if they had the choice.

¹ <https://www.nytimes.com/2019/01/21/upshot/stuck-and-stressed-the-health-costs-of-traffic.html>

² <https://www.ziprecruiter.com/blog/work-from-home-survey-highlights/>

In reviewing the findings, labor economist Julia Pollak of ZipRecruiter concludes the work-from-home survey highlights broad acceptance of remote work as the new normal. If this is correct, there is significant potential for work-from-home policies to have a substantial effect on peak period travel in downtown areas, particularly during major construction projects.

What is INDOT Doing?

INDOT is promoting work rescheduling and work trip reduction as a strategy to reduce the number of vehicles operating in and near downtown during peak periods while the North Split construction is underway. In addition to providing descriptive information in this toolbox, INDOT is promoting the service in project information materials, newsletters, social media, and on dynamic message signs on interstate highways approaching downtown Indianapolis.

In addition, INDOT and other state agencies are promoting work rescheduling and work-from-home strategies for employees with jobs that can be accomplished effectively within these strategies. The State of Indiana, one of the largest employers in the downtown area, has discovered many efficiencies with work-from-home strategies that are being carried over from the pandemic. Implementing these strategies will have a tangible effect on peak period traffic demand downtown.

What Can You Do?

Work Rescheduling. If you are an employer, review your operations, work with HR and managers/supervisors to determine which job functions are appropriate for work rescheduling. Consider designating core hours during which all staff must be on premises in order to balance flexibility with the need to schedule meetings. This may require surveys of staff to identify which activities should be considered core functions and to determine the interest of staff in taking advantage of potential work rescheduling options.

If the potential exists for work rescheduling, consider the strategy that best fits your organizational needs. Generally, there are two options:

- Flexible Work Schedules. Flexible work schedules allow employees to adjust their work schedules to better match personal and family needs, transit schedules, and the schedules of carpool partners. The amount of time by which employees may adjust their shift start and end times varies by employer, but typically ranges from 15 minutes to 2 hours.
- Alternative Work Schedules. Alternative work schedules typically reduce the standard work week to fewer than five days, and employees make up the full number of hours by working longer hours on the days they are at work. The most common schedules involve working four 10-hour days, four 9-hour days and a 4-hour day, 9-hour days on alternating four- and five-day weeks, or some combination of these.

Depending on the schedule, work rescheduling can cut commuting time and costs by 10 to 40 percent, leading to improved employee satisfaction and reduced parking demand at worksites. At the same time, work rescheduling can reduce congestion on the roadways for those who must travel during peak periods. Here are some considerations to make work rescheduling most effective:

- Carefully consider schedule options and adjust schedules to ensure adequate coverage at all times.
- Create a policy that allows eligible employees to flex their shift start and end times.
- Create a policy that sets out guidelines for compressed workweek schedules.
- Consider testing a compressed work week with a small group of staff before implementing across the organization.
- Establish a trial period and reassess the policy after a designated time, including employee input.
- Train employees, managers, and supervisors on the new policy.
- Ensure that both existing and new employees are informed of the policy.

Work from Home. The primary strategy for employees to reduce or eliminate commute trips is to work from home. In some cases, similar results can be achieved by work from coworking locations or telework centers, or remote offices closer to home. The key is allowing staff to work outside of the worksite some or all of the time. Work-from-home strategies are aided by communications technology that allows employees to access files and tools and communicate effectively without being physically present at the worksite.



The partial or full removal of a daily commute allows employees to save time, money, and reduce stress, while also reducing the load on the transportation system. This typically results in improved employee satisfaction and positively affects retention and recruitment. Work-from-home policies also allow companies to reduce current real estate costs or grow without having to purchase or lease additional building space.

A work-from-home strategy requires a formal policy that allows eligible employees to work from home, a satellite worksite, or a coworking space closer to home for some or all of their workdays. Employers with informal work-from-home policies may benefit from formalizing the policy for all eligible employees rather than depending on informal manager/employee agreements. The following steps may aid in successful implementation:

- Review any existing policies or informal work-from-home or telework arrangements.
- Develop a pilot telework program for a smaller group of staff to test policies and implementation.
- Work with HR and managers/supervisors to determine which job functions are eligible to participate.
- If applicable, discuss the possibility with union representatives and identify how telework can be incorporated into union contracts.

- Work with your information technology (IT) department to ensure that employees have access to technology resources that allow them to perform their duties remotely. These can include phone and video conferencing, instant messaging, laptops, and remote access to files via a virtual private network (VPN) or cloud-based applications.
- Determine whether there is a need to rent space at a coworking space, telework center, or other shared worksite.
- Determine the maximum number of days an employee may work from home, establish expectations for availability and communications, and identify situations when working from home is not appropriate.
- Provide in-person training for participating employees and managers.
- Develop best practices for managers to ensure high levels of engagement by remote employees, such as scheduling frequent virtual check-ins and occasional in-person meetings.

Resources

ZipRecruiter work-from-home survey

<https://www.ziprecruiter.com/blog/work-from-home-survey-highlights/>

Transit

Riding transit is an easy way to reduce the stress of driving through the congestion caused by North Split interchange reconstruction. It allows you to spend your commute time reading, working or catching up on your social media instead of focusing on traffic. Riding transit instead of driving also saves you money on the gas, maintenance, and insurance required to operate a car. In addition, when you ride transit instead of driving your car, you are actually helping to reduce traffic congestion and air pollution.

Transit service in Marion County is provided by the Indianapolis Public Transit Corporation, also known as IndyGo. IndyGo serves over 9 million passengers annually on 30 fixed routes with nearly 3,000 stops. Most routes serve downtown Indianapolis, with the Julia M. Carson Transit Center at the corner of Washington and Delaware Streets being the hub of transit activity.

What are INDOT and IndyGo Doing?

INDOT is promoting transit as a strategy to reduce the number of vehicles operating in and near downtown Indianapolis during the North Split construction project. In addition to providing descriptive information in this toolbox, INDOT is promoting transit in project information materials, newsletters, social media, and on dynamic message signs on interstate highways approaching downtown Indianapolis. INDOT is also promoting the use of transit by its own employees and other employees of the State of Indiana, which is one of the largest employers in the downtown area.



IndyGo's Red Line Bus Rapid Transit

INDOT and IndyGo are working together to minimize impacts of the North Split reconstruction on IndyGo transit service. Several bus routes provide service through the project area and will require temporary rerouting as streets are closed for interstate bridge reconstruction. As necessary, IndyGo will provide advance notice of route changes to system users on its website, its mobile app, and through social media.

What Can You Do?

If you currently commute by car to or from downtown Indianapolis, consider riding transit, even part time. You can use the IndyGo website or the myStop mobile smartphone app to get current route, fare and schedule information, along with real-time bus locations. You can also call IndyGo customer service at (317) 635-3344. If you're new to transit, you can plan your trip using the trip planner available on the

IndyGo website. Be sure to check with your employer to see if they provide any incentives or benefits to transit commuters.

Experience has shown that offering commuter benefits to employees reduces staff turnover rates and improves employee satisfaction. Employers can contact the Central Indiana Regional Transportation Authority's (CIRTA) to discuss what incentives they can use to encourage commuting by transit in their organization, including the following:

- Register to participate in the CIRTA *Commuter Connect* program, which provides rideshare matching services and an emergency ride home benefit for employees who regularly ride transit, use other shared-ride modes, or telecommute
- Establish and promote pre-tax flexible spending accounts to pay for transit fares
- Partially or fully subsidize employee transit fares as a deductible business expense
- Provide financial incentives, time off, gift cards, or other perks to employees that use transit

Resources

IndyGo website

<https://www.indygo.net/>

IndyGo Customer Service

(317) 635-3334

CIRTA Commuter Connect Program

<https://commuterconnect.us>

Traveler Information

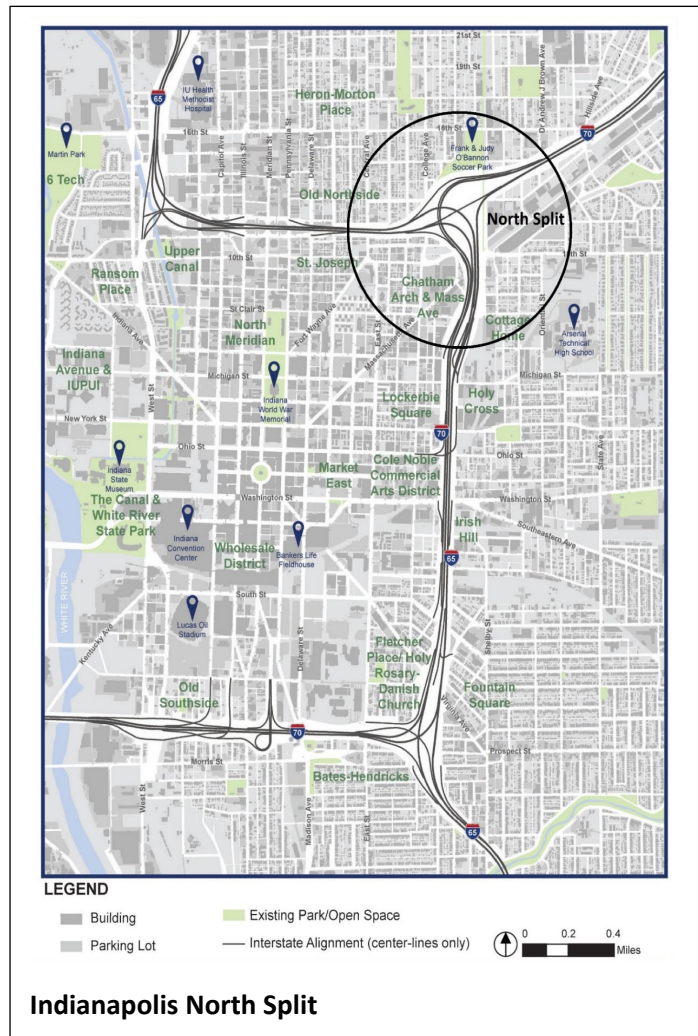
The I-65/I-70 North Split interchange reconstruction in downtown Indianapolis will provide a long-term fix for deteriorating bridges and pavement and address safety and congestion problems at one of the busiest locations in Indiana. This reconstruction project is a major undertaking that will impact 32 bridges and require almost 2 years to complete.

This North Split interchange is a primary gateway into the downtown, used by over 200,000 vehicles each weekday. Given that the reconstruction project will disturb so many trips into and through downtown, it will be important to advise travelers on current construction conditions and ways to avoid the resulting congestion.

Real-time information about construction activities and traffic conditions will not only allow travelers to make informed choices in planning their trips but will also allow them to make changes while the trip is underway. Providing as much information as possible throughout construction is crucial to helping travelers plan ahead and maneuver around congestion related to the construction.

What Is INDOT Doing?

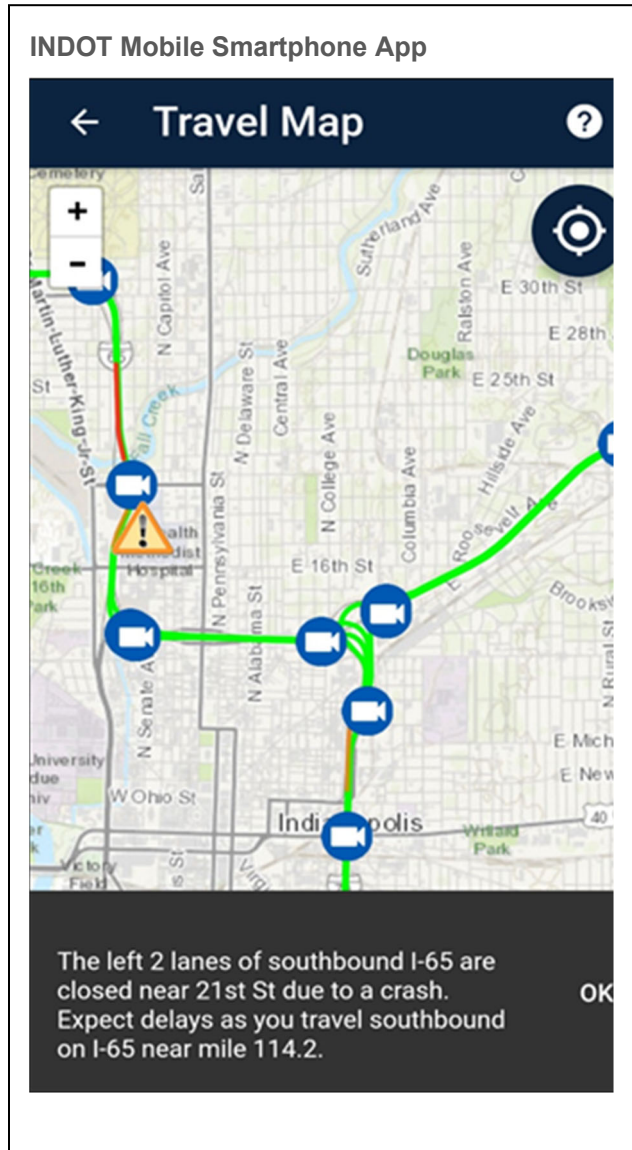
INDOT operates a sophisticated freeway traffic management system in the Indianapolis area that allows staff to monitor current traffic conditions, respond to incidents, and provide travelers with real-time information about congestion, incidents, construction activities, and weather conditions. INDOT provides travelers with information in a variety of ways, both before they start their trips and while they are en route.



- Over 40 dynamic message signs provide information about traffic conditions, construction, and incidents to interstate travelers within or approaching Marion County. Additional portable changeable message signs will also be deployed by the contractor during construction.
- Approximately 40 signs mounted along interstates within and approaching Marion County provide current travel times between major junctions.

- INDOT provides local news media with access to current travel speed data, incident and construction information, traffic camera video feeds, and sign messages.
- INDOT provides current traffic condition information to real-time mapping services such as Google Maps, Waze, and others.
- Multiple INDOT websites and smart phone applications provide access to real-time travel speeds, incident and construction information, messages displayed on dynamic message signs and travel time signs, and traffic camera view snapshots. This information is available from INDOT's [TrafficWise](#) website, it's [Cars Program 511](#) website, or by using the [INDOT Mobile application](#) that is available for Android and Apple IOS smartphones.
- Through the INDOT Cars program website, users can sign up for a [Your 511](#) account to receive free email and text message travel advisory alerts. The alerts can be limited by severity level or by locations, routes or roadways of interest.
- Travel advisories are available by phone by dialing 511 or 1-800-261-ROAD (7623).

In addition to these real-time traveler information sources, INDOT provides information on current and scheduled North Split construction activities on the www.northsplit.com website and through social media (@NorthSplit on Facebook, Twitter and Instagram).



What Can You Do?

It is important for travelers to stay informed about traffic conditions and their travel options, both before they start their trips and while they are traveling. As a traveler, you can take the following steps to avoid getting caught in congestion caused by the North Split reconstruction project:

Stay informed about North Split Construction

- Follow @NorthSplit on [Twitter](#), [Facebook](#), and [Instagram](#)
- Go to www.NorthSplit.com to get detailed information about the project, visit the Virtual Project Office, and submit for questions or comments.

- Visit <https://www.in.gov/indot/3564.htm> to sign up for email or SMS text message notifications about specific INDOT construction projects or topics, including the North Split.

Check Real-Time Travel Conditions Prior to Your Trip

Before you make your trip, check current traffic and construction conditions to help plan your route

- Tune into your favorite radio or television station to get traffic condition updates
- Enter your travel destination into a smart phone or computer navigation app such as Google Maps, Waze, Apple Maps, or Mapquest to get routing recommendations, a travel time estimate, and traffic condition information for your journey.
- Use INDOT's [TrafficWise](#) website, it's [Cars Program 511](#) website, or the [INDOT Mobile application](#) to get real-time information of freeway speeds and incidents, view traffic camera snapshots and dynamic sign messages.
- Sign up for INDOT's for a [Your 511](#) account on the INDOT CARS program website to receive traffic reports by email or text message for routes or areas that you define.
- Check travel advisories by dialing 511 or 1-800-261-ROAD (7623) on your telephone.

Get Information about Alternatives to Driving Alone:

Consider leaving your car at home at least some of the time, so that you don't contribute to congestion. During the workday, short trips around downtown for meeting or errands are often quicker and cheaper if you don't take your car.

- The [IndyGo website](#) and the myStop Mobile app for Android or Iphone smart phones allow you to see real-time bus locations, seat availability, and service alerts for all IndyGo bus routes.
- Many navigation apps, such as Google Maps, have transit features which give stop locations, departure times, and approximate travel times for your trips.
- [CIRTA Commuter Connect](#) provides information on carpool and vanpool ridesharing programs, as well as other alternatives to driving alone. You can sign up for their carpool and vanpool ride matching service.
- [Pacers Bikeshare](#) is a convenient and healthy way to avoid short car trips in and around downtown. Using their [BCycle](#) smart phone app allows you to find bikestation locations, bike availability, and checkout bikes.
- Downtown and adjacent areas are currently served by private scooter rental from [Bird](#) and [Lime](#). Both of these services have smartphone apps that allow you to locate and checkout scooters.

More information on alternative travel modes is available in in the Transit Toolbox, the Carpools and Vanpool Toolbox, and the Walking and Biking Toolbox.

During Your Trip

- While en-route, many navigation apps will warn you of substantial congestion areas ahead.
- Pay attention to INDOT dynamic message signs and travel time signs for information about changing traffic conditions.